

KPR Distance Learning Plan

Tips for Students

We know that students, teachers and parents will all need to think differently about school for the next little while. Some students will like distance learning, while others may find it challenging. The guidelines provided below will help students think about what they can do to be successful in a distance learning environment.

Student Roles & Responsibilities

- Try to follow a regular routine for your schoolwork each day. This includes taking breaks, eating healthy and keeping normal bedtime routines.
- Identify a comfortable, quiet place in your home where you can work effectively and successfully.
- Check online platforms (Edsby, D2L, email, etc.) on a regular basis for announcements and feedback from your teachers.
- Complete assignments with integrity and academic honesty, doing your best work.
- Do your best to meet timelines, commitments, and due dates.
- Communicate proactively with your teachers if you cannot meet deadlines or require additional support.
- Collaborate and support your classmates in their learning.
- Pay attention to yourself. Movement and exercise are important for your health, well-being and learning. If you are feeling stressed or worried, talk to your family or teachers. Mental health resources are available on the school board website at www.kprschoools.ca
- Comply with KPR's Acceptable Use Policy, including expectations for online etiquette – be respectful and appropriate with your communication.
- If you need help, reach out to the appropriate educator as listed below based on your question or concern.

| For questions about... | Contact |
|--|--|
| A course, assignment, or resource | The relevant teacher |
| A technology-related problem or issue | Classroom teacher |
| Personal, academic or social-emotional concern | A Guidance, Student Success Teacher, Principal or Vice-Principal |
| Other issues related to distance learning | Principal or Vice-Principal |





KPR Distance Learning - Suggestions for Families

Here are 10 suggestions to help parents support their children's success while learning at home.

1—Establish routines

Set regular hours for schoolwork that reflect the needs of family members. A regular routine will support everyone – encourage movement, take breaks and keep normal bedtime routines.

2—Identify a work space

Establish a space where children will learn most of the time - a quiet space where parents can supervise and support their children's learning.

3—Communicate with teachers

Educators will communicate regularly through email, or phone for those who do not have access to the Internet. The frequency of these connections will be based, in part, on your children's needs.

4—Regular Check-Ins

Check-in regularly with your children to help them understand instructions, organize themselves and set priorities. Great questions include: What are the learning goals or big ideas? What resources do you require? What support do you need?

5—Help your children own their learning

Group discussions, asking questions, and collaborating on projects are part of a normal school day. Some of these social interactions are recreated online, but your child will also need to complete their work as independently as possible. If your child is struggling, please contact the teacher.

6—Establish time/space for quiet and reflection

Families with multiple children may have challenges managing their children's learning needs. Siblings may need to work in different rooms to avoid distraction. Consider using headphones if they are available.

7—Encourage physical activity

Movement and exercise are vitally important for health, well-being and learning. Frequent breaks for movement are encouraged.

8—Be mindful of your child's stress or worry

Your continued attention to your children's questions and concerns is important. You can provide reassurance by listening and talking with them.

9—Monitor screen time

Avoid having students engaged with a computer screen for lengthy periods. Your patience is appreciated as educators learn how to use technology effectively to support distance learning.

10—Stay social, but set guidelines

If your child uses social media to connect with peers, encourage responsible use of technology – being respectful and appropriate in communicating with others is very important.





Kawartha Pine Ridge District School Board

Our Distance Learning Plan

- KPR's goal is for students to engage in authentic learning experiences, while continuing to be physically active. We believe quality learning can occur at a distance without solely relying on technology.
- We recognize that the learning experiences when school is in regular session are different than distance learning. There are invaluable social interactions that occur naturally among students and between teachers and students that aren't recreated online in the same way.
- To help students learn in meaningful ways in this environment, we will think differently about priorities, respond to challenging circumstances and embrace new opportunities.
- Educators will provide timely and specific feedback to support continued growth and learning; we will use digital and experiential learning in ways that bring the Ontario curriculum to life while recognizing that some families do not have reliable access to the Internet.
- Where families are unable to connect digitally, they will be supported using more traditional methods such as phone calls and paper copies of learning materials.

What Parents Can Expect

Teachers will provide instruction to students according to the following Ministry guidelines:

- Kindergarten to Grade 3: Five hours of work per student per week, with a focus on literacy and math;
- Grades 4-6: Five hours of work per week, with a focus on literacy, math, science, and social studies;
- Grades 7-8: 10 hours of work per week, with a focus on math, literacy, science and social studies; and,
- Grades 9-12: Three hours of work per course per week for semestered students, and 1.5 hours of work per course per week for non-semestered students, with a focus on credit accumulation and graduation.

For more information about Distance Learning in KPR, and to access our #KPRLearningAtHome resources, please visit www.kprschools.ca and click on the COVID-19 banner image.

