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**October 2020
Newsletter**



**KAWARTHA PINE RIDGE
DISTRICT SCHOOL BOARD**



October

Dear Families,

I hope that this note finds all of you in good health and positive spirits.

It sure has been a very busy month of September.

Students and staff continue to practice and reinforce our Covid-19 protocols.

Overall, students are doing a great job fulfilling the outlined expectations even if they are new and sometimes difficult for them. Please continue to review with your children the importance of distancing, wearing masks and hand washing/sanitizing.

We are working closely with our nurse Lynn Ryan, who supports staff every Wednesday, to ensure all our Covid-19 related questions are answered. **I note for you from our nurse that valve masks are not recommended for students. Students must wear non-medical or cloth masks (grade 4 students and up).**

The week of September 21st to the 25th, all students and staff commemorated Terry Fox with a walk, and your generous donations to support cancer research. On September 30th, we highlighted two important events: Orange Day, honoring the victims of residential schools, and Rowan's Law, to raise concussion awareness with all staff and students. We continue to work with everyone at school around these topics to ensure an equitable and safe environment for all students and staff.

Our open house will be virtual this year. Every teacher/ECE will be emailing you in a variety of formats, an introduction of themselves and the room as well as any information to help you be informed about your child's classroom.

I thank all guardians who volunteered to run our nutrition program. We are blessed to have Mrs. MacKenzie and Mrs. Black, two of our educational assistants, who have taking it on and launched it last week. Public health is not only supporting this important initiative in schools but have strongly encouraged it. They provided us with strict guidelines to follow due to Covid-19.

Last Wednesday, we had our first School Council meeting. I welcome and congratulate our following executive members: Chair: Bill Leeder, Treasurer: Shannon Gainey, and Secretaries: Jenine Wilson and Christine Leeder. A huge THANK YOU to Jenn McCauley, our previous Chair, for your relentless work and your support to us as a community member.

We are attaching to this newsletter, the board's updated illness . Please continue to visit our website for updates and useful information.

In partnership,

Sanaâ Soussan
Principal/Directrice

LINK TO KPRDSB COVID-19

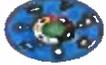
Information Page (includes mental health resources)

<http://kprdsb.ca/en/COVID-19.html>



Character Trait for October is: **Fairness**

Grandfather Teaching for October is: **Humility**



September Character Trait: Respect

B. Cook/A. Stone – Nicholas S., Liam K.

S. Gallagher/S. Kingdon – Savannah S.

C. Patrick-

S. Sharma- Meredith L.

N. Bonnici- Alec M.

K. Hossack- Peyton S

H. Graham /A. Howarth- Leland M.

D. Rizzi- Gage N.

C. Walker- Leah C.

R. Johnston - Dominic D.

M. Mohammadi – Everett F.

Grandfather Teaching: Respect

B. Cook/A. Stone – Ethan G

S. Gallagher/S. Kingdon – Halle W.

S. Sharma- Ethan F.

N. Bonnici- Liam R.

K. Hossack- Lukas W.

H. Graham /A. Howarth-

D. Rizzi- Morgan M.

Important Information regarding the Student Absence Reporting System

Phone Number, Web Address, Phone App for Reporting Absences

Hello to all KPR families! This message is about the automated Student Absence Report System.

This means **you will need to create a NEW account to report your children's absences online.**

To create your new account and register your children for the automated system, please visit **studentabsence.kprdsb.ca** . If you use the mobile app, please search for **SchoolMessenger** (one word) on Google Play Store or Apple App Store.

Once you have registered your child, you will be able to inform the school of your child's upcoming absences at:

- **studentabsence.kprdsb.ca**
- **1-844-434-8119**
- the **SchoolMessenger mobile app** on your cell phone or tablet.



Registering will allow you to report all of your children's upcoming absences at a time that's convenient for you - 24 hours a day, seven days a week.

Crossing Guard Schedule

8:50 am to 9:10 am

3:30 pm to 3:45 pm

- **Student Lunch sign-out permitted with a parent Only**



Starts Sunday November 1st

Personal Electronic Devices

- Computers
- Cell Phones
- Digital T.V.
- DVDs
- Digital Cameras
- Kindle
- iPods and MP3 players



Personal Electronic Devices (PED)

The use of technology for student learning is a key 21st century skill to enable all of our students to learn and succeed. Under staff direction, Personal Electronic Devices can be used effectively as an educational resource, support or aid for teaching and learning. The teacher will determine and authorize the usage of a PED for instructional purpose only. At all other times the device is to be powered off and kept in a students' backpack or designated space. When the usage of a PED is inappropriate, the school designate or Principal will apply progressive discipline strategies. Depending on the infraction, strategies may include, but are not limited to; speaking with the student, parent meeting, removal of the PED until the end of the school day, loss of privilege to have a PED at school or suspension. As with other personal property items, schools are not responsible for lost, stolen or damaged PEDs. These guidelines apply to all stakeholders in the school including students, staff, parents, volunteers and visitors.

Communication between Home and School



The teacher is your first line of communication regarding your child's social, emotional and academic progress. Teachers have their preferred way of communication, but you are welcome to call and leave a message for them.

Our school newsletters will be posted on Edsby and sent through school messenger as well.

KPR's Annual Parent Conference

As part of the Parent Involvement Committee report, the board received an update on planning for this year's event. For the past 19 years, KPR's annual Parent Conference has given parents and guardians free, direct access to expert advice on supporting their children's learning and on raising healthy, resilient families. This year, the board is hoping even more people will be able to participate in the event as it goes virtual.

All interested parents, guardians, staff and community members can join the online for this year's Virtual Parent Conference, which will be held:

Saturday, October 17

9:00 a.m.-11:00 a.m.

Theme: **Drop the Worry Ball**

Featuring **Dr. Alex Russell**

Dr. Russell is a clinical psychologist, a well-known and engaging speaker, and co-author of the book *Drop the Worry Ball: How to Parent in the Age of Entitlement*.

Online registration for the presentation will begin this week, and all registrants will receive a link to watch the presentation live, and to ask Dr. Russell questions.

UP COMING DATES

Oct 12-	Thanksgiving no school
Oct 13-	Student photos
Oct 17-	Parent Conference
Oct 27-	School Council
Nov 1-	Fall back 1 hour

Ministry of Health

COVID-19 Screening Tool for Children in School and Child Care

Version 1 – October 1, 2020

This tool provides basic information only and contains recommendations for children to support decision making by parents about whether their child should attend school/childcare and/or needs to be tested for COVID-19. This can be used to assess symptoms of any child who attends child care or school (junior, intermediate, high school). It is not to be used as a clinical assessment tool or intended to take the place of medical advice, diagnosis or treatment. Screening must occur daily and at home before a child enters school or child care.

When assessing for the symptoms below, you should focus on evaluating if they are **new, worsening, or different from your child's baseline health status or usual state** (check off "Yes"). Symptoms associated with known chronic health conditions or related to other known causes/conditions should not be considered unless new, different or worsening (check off "No"). (see examples below).

After developing symptoms, in general, children should no longer have a fever and their symptoms improving to be able to return to school/child care. Mild symptoms known to persist in young children (e.g. runny nose or mild cough that may persist following infections) may be ongoing at time of return to school/child care if other symptoms have resolved.

Required Screening Questions

1. Does your child have any of the following **new or worsening** symptoms? *Symptoms should not be chronic or related to other known causes or conditions.*

<p>Fever and/or chills (temperature of 37.8°C/100.0°F or greater)</p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<p>Cough (more than usual if chronic cough) including croup (barking cough, making a whistling noise when breathing) <i>Not related to other known causes or conditions (e.g., asthma, reactive airway)</i></p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No

<p>Shortness of breath (dyspnea, out of breath, unable to breathe deeply, wheeze, that is worse than usual if chronically short of breath)</p> <p><i>Not related to other known causes or conditions (e.g., asthma)</i></p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<p>Decrease or loss of smell or taste (new olfactory or taste disorder)</p> <p><i>Not related to other known causes or conditions (e.g., nasal polyps, allergies, neurological disorders)</i></p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No

2. Does your child have any of the following **new or worsening** symptoms? *Symptoms should not be chronic or related to other known causes or conditions.*

<p>Sore throat (painful swallowing or difficulty swallowing)</p> <p><i>Not related to other known causes or conditions (e.g., post nasal drip, gastroesophageal reflux)</i></p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<p>Stuffy nose and/or runny nose (nasal congestion and/or rhinorrhea)</p> <p><i>Not related to other known causes or conditions (e.g., seasonal allergies, returning inside from the cold, chronic sinusitis unchanged from baseline, reactive airways)</i></p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<p>Headache that is new and persistent, unusual, unexplained, or long-lasting</p> <p><i>Not related to other known causes or conditions (e.g., tension-type headaches, chronic migraines)</i></p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<p>Nausea, vomiting and/or diarrhea</p> <p><i>Not related to other known causes or conditions (e.g., transient vomiting due to anxiety in children, chronic vestibular dysfunction, irritable bowel syndrome, inflammatory bowel disease, side effect of medication)</i></p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No

<p>Fatigue, lethargy, muscle aches or malaise (general feeling of being unwell, lack of energy, extreme tiredness, poor feeding in infants) that is unusual or unexplained</p> <p><i>Not related to other known causes or conditions (e.g., depression, insomnia, thyroid dysfunction, anemia)</i></p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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3. Has your child travelled outside of Canada in the past 14 days?
- Yes No
4. Has your child been identified as a close contact of someone who is confirmed as having COVID-19 by your local public health unit (or from the COVID Alert app if they have their own phone)?
- Yes No
5. Has your child been directed by a health care provider including public health official to isolate?
- Yes No

Results of Screening Questions:

If you answered "YES" to any of the symptoms included under question 1:

- Your child should stay home to isolate immediately.
- Contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment.

If you answered "YES" to only one of the symptoms included under question 2:

- Your child should stay home for 24 hours from when the symptom started.
- If the symptom is improving, your child may return to school/child care when they feel well enough to do so. A negative COVID-19 test is not required to return.
- If the symptom persists or worsens, contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment.

If you answered "YES" to two or more of the symptoms included under question 2:

- Your child should stay home to isolate immediately.
- Contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment.

If the individual answers “YES” to question 3, 4 or 5

- Your child should stay home to isolate immediately and follow the advice of public health.
- If your child develops symptoms, you should contact your local public health unit or the health care provider for further advice.

Frequently Asked Questions**1. My child has woken up not feeling well, what do I do?**

If you notice that your child has new or worsening symptoms, what you do depends on the symptom and how usual they are for your child.

If your child has new or worsening:

- Fever/chills
- Cough
- Shortness of breath
- Decreased or loss of smell or taste

Your child should isolate immediately and you should contact your child's health provider for further advice or assessment. The health care provider can help you determine whether the symptoms are related to another non-COVID-19 condition, or if they should get tested for COVID-19.

*If your child has **ONE** new or worsening symptom (that is not related to a known cause or condition) that include:*

- Sore throat
- Stuffy nose/runny nose
- Headache
- Nausea/vomiting/diarrhea
- Fatigue/lethargy/muscle aches/malaise

Your child should stay home for 24 hours to be monitored to see whether the symptoms get better or worse. If they start to feel better and symptoms are improving, they can return to school/child care when well enough to do so and no COVID-19 testing is needed.

If the symptoms get worse, you should contact their health care provider for further advice or assessment. The health care provider can help you determine whether the symptoms are related to another non-COVID-19 condition, or if they should get tested for COVID-19.

*If your child has **TWO or MORE** new or worsening symptoms (that are not related to a known cause or condition) that include:*

- Sore throat
- Stuffy nose/runny nose
- Headache

- Nausea and/or vomiting
- Diarrhea
- Fatigue/lethargy/muscle aches or malaise

Your child should isolate immediately and you should contact your child's health provider for further advice or assessment. The health care provider can help you determine whether the symptoms are related to another non-COVID-19 condition, or if they should get tested for COVID-19.

2. My child has a runny nose, what should I do?

If your child's only symptom is a runny nose, you should keep your child home and monitor their symptoms as you would in any other year. When they feel better, they are ready to go back to school/child care and no COVID-19 testing is needed. If they get worse or develop other symptoms, you should contact their health care provider for more advice. Mild symptoms known to persist in young children (e.g., runny nose) may be ongoing at time of return to school/child care if other symptoms have been resolved.

3. Who in my family needs to be tested along with my child?

If your child has been identified as needing a test and everyone else in the family is well, no testing of other family members is needed. If your child tests positive for COVID-19, the local public health unit will contact you/your child and make a plan for additional testing of all close contacts.

4. Do I need a note from a doctor before my child goes back to school/child care or a copy of a negative test result?

No, you do not need a note from your doctor or proof of a negative test before your child returns to school/childcare.

5. I need more information to feel confident in my assessment, what do I do?

If you need additional information about COVID-19 or have a question specific to your child and their health, please contact your health care provider.